



Dear Friends of Madhuban,

Spring arrives gently at Madhuban. After months of quiet preparation, the land begins to respond—buds open, colours appear, and the hills slowly turn into a living tapestry of flowers.

This is the season of unfolding. What was nurtured in silence now expresses itself—in nature, in work, and within us.

Buransh, the flame red rhododendrons have burst into blossom across the hillsides, painting the mountains in vivid crimson. At Madhuban, spring is an invitation — to look within, to aspire, to bloom.



With this newsletter, we invite you to walk with us through the garden of all that has been growing here: the flowers, the conversations, the work in communities, and the programs that await.

SPRING AT MADHUBAN



Spring turns Madhuban into a valley of flowers. Roses, magnolias and wisteria bloom quietly, each carrying its own beauty and presence. The Mother gave each flower a name and a spiritual significance. Roses speak of love in its many expressions. Magnolias carry quiet nobility and strength. Wisteria, one of The Mother's favourite flowers, is among the first to bloom, gently announcing the arrival of spring.

At the same time, the orchards begin to awaken. Peaches, plums and apricots appear first as blossoms and then as tiny fruits, promising the sweetness of the coming season. Birdsong fills the valley from morning to evening, and the soft hum of bees moves through the gardens. At Madhuban, spring is not just a season — it is a quiet celebration of beauty, abundance and life.

MADHUBAN OUTREACH INITIATIVES



1. Women Empowerment

A **stitching and tailoring workshop** was conducted under **Sashakt Ramgarh** initiative to equip women with practical skills for home-based enterprises and sustainable livelihood opportunities.



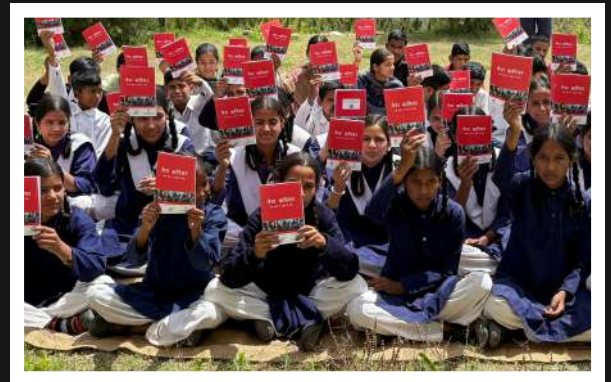
2. Education Facility Upgradation

We are in the final stages of completing the specialised laboratories — **Chemistry, Computer & Skill Labs** in the government school at Ramgarh. These spaces are coming alive as centres of hands-on learning and curiosity.



3. Career Awareness

Career Awareness Session & Psychometric Tests were conducted for students of the Ramgarh government school to help them understand their interests, strengths, and potential career paths.



4. Session with Dr. Ramesh Bijlani

Special sessions by Dr. Bijlani were enriching and inspiring. Through simple storytelling, he engaged children and teachers, sharing values of inner strength, positivity, and self-awareness in a relatable way.

He also conducted a spiritual workshop for village women, guiding them towards self-reflection, self-worth, and inner balance in a supportive and uplifting environment.



A QUALITY TO WORK UPON: SINCERITY



Spring invites us to practise sincerity—a simple, honest alignment between what we feel, think, and do.



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“Sincerity is the key to the Divine doors.”

— The Mother

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“The first necessity is a complete sincerity.”

— Sri Aurobindo



Sincerity means that our whole being moves in the same direction — our thoughts, feelings, words, and actions are all aligned with what is true within us.

The Mother described sincerity as a kind of inner courage. It is the courage to look at ourselves honestly — without pretending, without blaming ourselves, but with a quiet and clear awareness. She said that sincerity is the first essential step in spiritual growth. Not because it makes us perfect, but because without sincerity, even the deepest teachings cannot truly help us.

Sincerity does not mean being perfect. It does not require us to always have noble thoughts or calm emotions. It simply asks us to be honest about what is happening within us and to gently return again and again to our deeper aspiration.

In daily life, **sincerity** shows itself in small ways—doing our work with care, being truthful with ourselves, and offering our effort without pretence. Like spring flowers that open naturally when the time is right, sincerity allows growth to happen without force.

LOOKING AHEAD: PROGRAMMES & VISITS



DATES	PROGRAMME	FACILITATOR
9 th -21 st April	Yoga Group	Uditam, Pondicherry
19 th -26 th April	Yoga Group	Shivanand Ashram
3 rd -9 th May	Study Camp	Sri Krishna Dixit
9 th -13 th May	Study Camp	Arul Dev
14 th -21 st May	Integral Education Camp	Mirambika
18 th -24 th May	Children's Summer Camp	Madhuban
21 st -24 th May	Wellness Retreat	Priya Gupta
26 th -31 st May	Study Camp	All Purpose Yoga
2 nd -8 th June	Yoga and Ayurveda	Dr. Katoch
3 rd -7 th June	Hindi Shivar	Manoj Bhai
12 th -20 th June	Russian Educators Retreat	Oksana
20 th -26 th June	Children Yoga Camp	Sivananda Ashram

IN CONCLUSION

As nature blossoms, our journey at Madhuban continues through sincerity, openness, and steady effort — growing in harmony with nature, service, and inner aspiration.

We look forward to welcoming you in this season of new beginnings.

*With warmth and aspiration,
The Madhuban Family*

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